

<b>Book:</b>	Toolcare
<b>Chapter:</b>	7 Miscellaneous repairs
<b>Section:</b>	Safety equipment
<b>Meta Data:</b>	<a href="#">Details</a>



## Helmets

Any safety helmets purchased should be in accordance with EN 397. It is a good idea to purchase a different colour for each year, so their age can be easily seen. In addition, date of purchase can be marked on the inside of the helmet, by writing on the manufacturer's label with a waterproof pen. Do not write directly onto the helmet, as the solvents in the pen can weaken the helmet fabric. Similarly, never paint the outside of a helmet. Store helmets out of direct sunlight, as sunlight degrades them.

Check helmets regularly, and discard any with obvious signs of damage. Any helmets which are known to have received heavy impact should also be discarded. Helmet manufacturers recommend that all helmets should be changed every two years.

## First aid kits

First aid kits should be stored in a strong container with a properly fitting lid. Kits are available from BTCV Enterprises Limited.

The first aid container should be sealed with an adhesive label showing the date the contents were checked and restocked. After each use the kit should be restocked and a new seal attached.

**A kit suitable for use in a workplace for up to 10 people, should contain the following :**

Guidance card	1
Waterproof plasters	20
Sterile eye pads, with attachment	2
Individually wrapped triangular bandages	6
Safety pins	6
Extra large lint dressings	3
Medium sterile dressings (12cm x 12cm)	6
Large sterile dressings (18cm x 18cm)	2
Alcohol free cleansing wipes	6
Scissors	1
Pairs of fine transparent disposable plastic gloves	2

**NOTE:** Where mains tap water is not readily available for eye irrigation, sterile water or sterile normal saline (0.9%) in sealed disposable containers should be provided. Each container should hold at least 300ml and should not be reused once the sterile seal is broken. At least 900ml should be provided. Eye baths or other refillable containers should not be used for eye irrigation.\*

\*A wall-mounted Eye Wash Station with eye wash solution, eye pads and mirror is available from BTCV Enterprises Limited.