# FIGURE-EIGHT KNOT:

**Description ----** Interlocking overhand loops, the running part goes through the eye of one loop and the standing part goes through the eye of the other loop.

**Use ----** (**1**) As a stopper knot; to keep a rope from unreeving from a pulley block; to prevent a rope from unlaying. (**2**) When tied on a bight, makes a reliable loop for rescue work and mountaineering.

**Comments ----** Easier to tie and untie than an overhand knot; does not damage the rope fiber or jam like an overhand knot.

**Narration ----** (For **figure eight** knotboard.) (**1**) Form an overhand loop. (**2**) Take a bight around the standing part. (**3**) Form the second overhand loop by bring the running part over the top edge of the firs overhand loop. (**4**) Complete the knot by reeving the running part through the eye of the first overhand loop (**5**) and pull tight.

# FIGURE EIGHT ON A BIGHT:

**Description ----** Interlocking overhand loops tied on a bight in the running part (the bight is used as the running part); the running part goes through the eye of one loop and the standing part goes through the eye of the other loop.

**Use ----** (**1**) Makes a reliable loop for rescue work and mountaineering. (**2**) As a stopper knot; to keep a rope from unreeving from a pulley block; to prevent a rope from unlaying.

**Comments ----** Easier to tie and untie than an overhand knot; does not damage the rope fiber or jam like an overhand knot on a bight.

**Narration ----** (For **figure eight on a bight** knotboard.) (**1**) Form a bight in the rope. [**NOTE**] Treat the two strands of the bight as a single strand as the rest of the knot is tied. (**2**) Form an overhand loop. (**3**) Take a bight around the standing part. (**4**) Form the second overhand loop by bring the running part over the top edge of the firs overhand loop. (**5**) Complete the knot by reeving the running part through the eye of the first overhand loop (**6**) and pull tight.
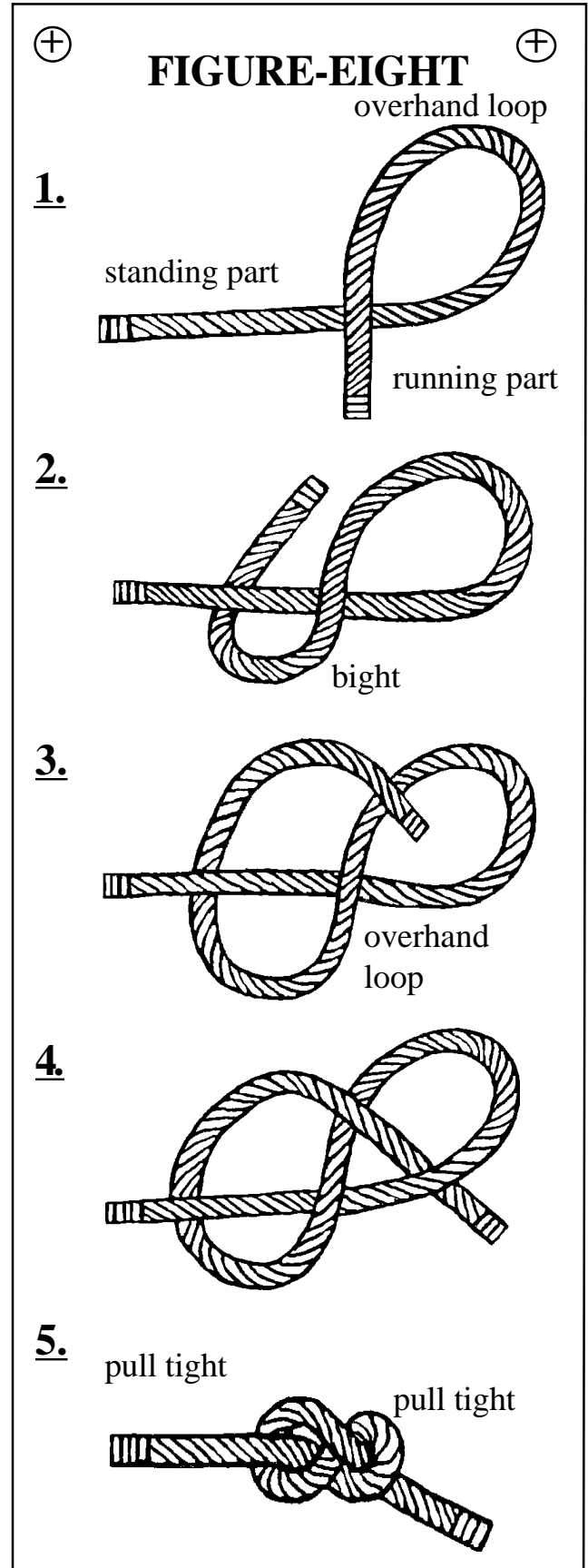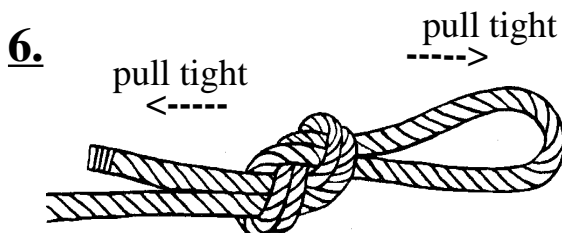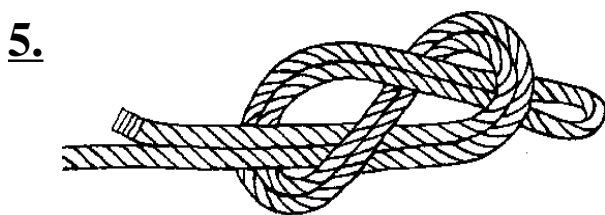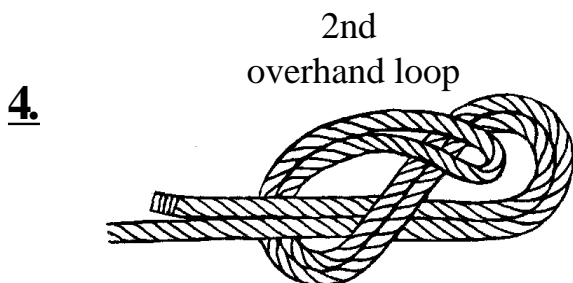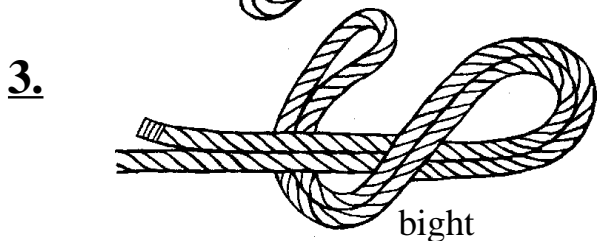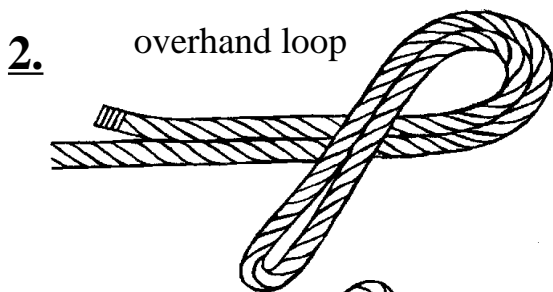
## FIGURE-EIGHT

**1.**

overhand loop
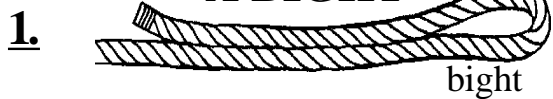
standing part

running part

**2.**

bight

**3.**

overhand loop

**4.**

**5.** pull tight

pull tight

## FIGURE-EIGHT ON A BIGHT

**1.**

bight

**2.** overhand loop

**3.**

bight

**4.** 2nd
overhand loop

**5.**

**6.** pull tight
----->

pull tight
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**[NOTE]**